I ♡ my Life

Meeting for African and Caribbean Women

Saturday, 31 October 2026 in Almere from 11AM – 7PM

Do you:
- like to meet more women in the same situation?
- want to learn more about your situation?



You are not alone!
There are more women like you...



Come and join the ShivA - Family!

When? 31 October 2026

Where? Hospital Flevoziekenhuis in Almere

Listen to the stories of strong women with HIV
Participate in various informative and inspiring workshops
Dance together
Encourage each other





We will talk, laugh and eat together

Only HIV-positive women are welcome. This guarantees a 100% safe environment

INFO

COSTS: The day is 100% for free. Travel costs are refunded
Lunch & diner are included and also for free. Vegetarian and halal options available
CHILDREN are also welcome. There is a nice program for them
LANGUAGE: English, Dutch and French
ADDRESS: Flevoziekenhuis Hospital, Hospitaalweg 1, Almere
From railway station Almere Centrum there are busses to the Flevoziekenhuis:
M5 (direction Station Parkwijk), M7 (direction Oostvaarders) or M8 (direction Nobelhorst)

We hope to see you on 31 October in Almere!
The ShivA-Team: Anicetas Tangi, Everdien Hagen, Liako Lekhooa and Inga Mielitz

Also very interesting for women who attend I Love My Life frequently!



With brand new workshops!

REGISTRATION: Fill in the form and return it to
Stichting ShivA, Eerste Helmersstraat 17, 1054 CX Amsterdam or via info@shiva-positief.nll
You can also call us: 020 – 6 160 460 or 06 – 43 7787 13. Or ask your consulent



I ♡ my Life



Meeting for African and Caribbean Women

Saturday, 31 October 2026 in Almere from 11AM – 7PM

REGISTRATION FORM

1. Address

Name:

Street:

Code/place:

Telephone:

E-mail:

2. My HIV-consulent is:

3. Languages

O I speak English
O Je parle Français
O Ik spreek Nederlands

4. Food

O I do not eat pork
O I do not eat meat
O I have a medical diet / allergy:

5. Transportation

O I have a reduction for the train (kortingskaart)
O I do not have a reduction for the train (no kortingskaart)

6. Children:

O I intend to bring a child / children. Name(s) + age:

7. Please return this registration to:

Stichting ShivA, Eerste Helmersstraat 17, 1054 CX Amsterdam, or to info@shiva-positief.nl