♀ I ♡ my Life ♀

Meeting for African and Caribbean Women

Saturday, 21 November 2026 in Den Haag from 11AM – 7PM

Do you:
- like to meet more women in the same situation?
- want to learn more about your situation?



You are not alone!
There are more women like you...



Come and join the ShivA - Family!

When? 21 November 2026
Where? Vincentiushof (near Westeinde Hospital) , Den Haag



Listen to the stories of strong women with HIV
Participate in various informative and inspiring workshops
Dance together
Encourage each other

We will talk, laugh and eat together



Only HIV-positive women are welcome. This guarantees a 100% safe environment

INFO

COSTS: The day is 100% for free. Travel costs are refunded
Lunch & diner are included and also for free. Vegetarian and halal options available
CHILDREN are also welcome. There is a nice program for them
LANGUAGE: English, Dutch and French
ADDRESS: Vincentiushof, Westeinde 101A, Den Haag
From railway station Den Haag Centraal there are trams to the Vincentius Hof: tram 2 (to Kraayenstein), tram 3 (to Loosduinen) or tram 6 (to Leyenburg). Stop: Brouwersgracht

We hope to see you on 21 November in Den Haag!
The ShivA-Team: Anicetas Tangi, Everdien Hagen, Liako Lekhooa and Inga Mielitz

Also very interesting for women who attend I Love My Life frequently!



With brand new workshops!

REGISTRATION: Fill in the form and return it to
Stichting ShivA, Eerste Helmersstraat 17, 1054 CX Amsterdam or via info@shiva-positief.nll
You can also call us: 020 – 6 160 460 or 06 – 43 7787 13. Or ask your consulent



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REGISTRATION FORM

1. Address

Name:

Street:

Code/place:

Telephone:

E-mail:

2. My HIV-consulent is:

3. Languages

O I speak English
O Je parle Français
O Ik spreek Nederlands

4. Food

O I do not eat pork
O I do not eat meat
O I have a medical diet / allergy:

5. Transportation

O I have a reduction for the train (kortingskaart)
O I do not have a reduction for the train (no kortingskaart)

6. Children:

O I intend to bring a child / children. Name(s) + age:

7. Please return this registration to:

Stichting ShivA, Eerste Helmersstraat 17, 1054 CX Amsterdam, or to info@shiva-positief.nl